God intended for us to enjoy this world and to love Him and enjoy Him and it forever—and that's no sin!

God created you to enjoy all these things. He created the very nerves which feel good and the very senses which feel pleasant...

...To look upon things which are pleasing to the eye, to taste things which are delicious, to hear beautiful music and things which are pleasant, to feel pleasurable sensations of touch and to even smell the lovely fragrance of a flower and of delicious food cooking, pleasant smells, fragrant odours.
But the Devil, not being satisfied in accusing us of sins which are genuinely sins, tries to make us think that even some of the most innocent pleasures and enjoyments are also sins so he can have more to accuse us of.

In fact, if he can convince us, as he has the churches, that these things which are innocent pleasures and enjoyments created by God for us to enjoy, such as sexual pleasure, nudity, etc., are sins, he's happy!

For if he can convince us that it's a sin to enjoy sex and a sin to enjoy eating so that we are convinced of it and we believe his lies, then it becomes a sin to us! -- For if we think it's a sin, then it is sin. “For whatsoever is not of faith is sin.”

Of course, over-indulgence in anything--sex, eating or otherwise--can be sinful. But a temperate, moderate normal desire for sex and food and sleep and the innocent pleasures of this world and the five senses and their enjoyment is not a sin...

I feel really guilty about enjoying this.
...for these things were made for us to enjoy by the Lord and created by Himself.

So don't let the Devil convince you it's a sin or it will be a sin to you!

...above Him that made it. As long as you do not worship the creation more than the Creator.

Oh, Jesus, thank You for such love. Thank You, Jesus!

But if you can believe the Lord made it and made you to enjoy it and expected you to enjoy it, gave you the nerves and the senses to enjoy it and the common sense to enjoy it, then you can enjoy it! -- As long as you do it temperately, moderately and do not put it first in your life...
If you put God first, love and worship Him above all and thank Him for all these things that He has given us to enjoy, and enjoy them, find great pleasure and pleasantness in them to the point that they are not lustful to the exclusion of God and His love and worship, then it is not a sin to enjoy life and sex and food and sensual pleasures which God created your senses to enjoy! Thank You, Jesus!

So enjoy yourself! -- It's later than you think! Enjoy life, these pleasures which you have now and enjoy now, that God made and made you to enjoy! Enjoy them to the full, including all the sensual pleasures which God Himself created to be enjoyed by the senses that He made for you to enjoy them with. Enjoy them! Enjoy yourself! Enjoy them, but enjoy the Lord most of all, amen? Praise the Lord!

Ask Jesus into your heart today and His Holy Spirit will teach you how to live this wonderful life!