The best cure for doubts is the Word! "Faith cometh by hearing the Word of God!"

"To him it is unclean!" (Romans 14:14)
I remember a story about the famous singing evangelist Mordecai Ham who worked with Dwight L. Moody and later led Billy Graham to the Lord. He smoked big fat cigars, but he said that every time he got down to pray "that big cigar would come between me and God." So he quit smoking!

It was a sin for him.

"Whatsoever is not of faith is sin." (Ro.14:23) "Happy is he that condemneth not himself in that thing which he alloweth." (Ro.14:22) "Beloved, if our heart condemn us not, then have we confidence (or faith) toward God." (I Jn.3:21)
"I am persuaded by the Lord Jesus that there is nothing unclean of itself."
---Boy, there's a scripture for you! Are we going to take that all the way, to include also FFing and so on, going to bed with these sinners? What's done in love is not unlawful according to the Word. "Whatsoever is not of faith is sin."
(Rom.14:14 & 23.)

But if somebody else who thinks it's wrong sees you do it and you cause him to stumble, then that's bad. Many things that we have the Scriptural lawful freedom to do we don't publicise to the World because they wouldn't understand it, especially churchy narrow-minded Christians.

Every Christian on Earth cannot forego every little questionable pleasure that other weak sisters condemn and accuse you for, or you couldn't do anything. So you can't please everybody in everything.
So should we stop FFing just because some others doubt that it's right? If they doubt it, they shouldn't do it, but we have to carry on!

I know this is God's will! I have the faith for it!

Faith is the opposite of doubt! Read the Bible and the Letters--they should cure any doubts you have if you're willing to receive the truth & really want to know! If you really want to know, the Lord, His Word and the Letters will show you!--Read them prayerfully and ask God to guide you! He never fails! We love you and hope you'll find faith to be a "fisher of men"!(Mt.4:19)

So when in doubt, don't!--But when in faith, do! G8Y!