

Call doctor.

11. Care: hospitalisation.

#### GERMAN MEASLES (Rubella)

1. A mild disease.

2. Groups at risk: expectant mothers, particularly, as well as children.

3. Isolation only to protect non-immune expectant mothers, for 7 days from start of rash.

4. Sterilisation unnecessary except where expectant mothers are in the same home.

5. Most prevalent in Spring & early Summer.

6. Caused by a virus.

7. Spread by direct contact & droplet infection from coughing, sneezing etc.

8. Incubation period: 5-21 days usually 17-18 days.

9. Early recognition: General symptoms of a mild infection, i.e. malaise, headache, nasal catarrh & a slight temperature. The rash appears on the 1st day of the illness on the face, then spreading to the trunk & limbs.

11. Care: The child should be put to bed until 2 days after the rash has disappeared. No special treatment required.

#### INFLUENZA

1. A highly infectious disease with a sudden onset.

2. Groups at risk: children in general, particularly of school age.

3. Isolation for the 1st 48 hrs. after the start of the sickness is very valuable.

4. Sterilisation unnecessary.

5. Occurs worldwide, usually in epidemics.

6. Caused by a virus with several strains. Immunity is short-lived.

7. Spread by droplet, articles freshly soiled with discharges from the nose & throat & probably airborne by crowds.

8. Incubation period is short, usually 1-3 days.

9. Early recognition is difficult since its onset is very sudden.

However, immediate isolation for the next 48 hours drastically reduces the spread of the disease.

10. Care: Put the patient to bed in a well ventilated room. Rest is very important. He should remain in bed until his temperature has been normal for 2-3 days. The sickness begins with a fever, shivering, headache & feeling very unwell. Usually there is a severe aching in the back & limbs.

#### MEASLES

1. One of the most readily spread diseases.

2. Groups at risk: children from 8 mo. to 5 years.

3. Isolation important, in a well ventilated room, from fever or spots for 2 weeks.

4. Quarantine impractical but very careful observation for fever or spots in the mouth.

5. Sterilisation of all clothes, linen, utensils etc.

6. Epidemics occur in Winter & Spring in all climates.

7. Caused by a virus infection affecting the respiratory system.

8. Spread by droplet from coughing, sneezing, kissing etc. Highly contagious during the catarrhal stage.

9. Incubation period: 8-13 days to the onset of the fever, then 4 days to the rash.

10. Early recognition: A few hours after exposure to infection, he may develop the symptoms of measles & even a rash. This disappears after a day & the normal incubation period follows.

The onset is with catarrh of the eyes, photophobia (light is painful), sneezing, nasal discharge & feeling unwell. White spots in the mouth by the molar teeth.

11. Care: Child should be put to bed & kept there until 2-8 days after temperature normal.

Room temp. should be kept 68-70°F. (20-21°C.) day & night. Keep room in subdued light & avoid direct sunlight.

#### MUMPS

1. Highly infectious from person to person.

2. Groups at risk: 5-15 years, then again 18-25, chiefly males.

3. Isolation for 9 days from the onset of swelling of glands, less if swelling subsides.

4. Sterilisation of all articles soiled by secretions of nose & throat.

5. Epidemics occur all over the world in Winter & Spring.

6. Caused by a virus infection.

7. Spread by droplet & indirect contact with saliva.

8. Incubation period: 12-26 days, usually around 18 days.

9. Early recognition: In some cases, the 1st sign may be a swollen face but more usually fatigue, fever, headache & a sore throat arise a few days before the swelling.

10. Care: Should be kept in bed until the temperature has gone down & kept from school until swelling has gone down completely. If chewing is difficult, use a soft diet & liquids thru' a straw.

#### SCARLET FEVER

1. An acute infectious disease, highly contagious.

2. Groups at risk are ages 5-10 & also teenagers.

3. Isolation for a minimum of 4 weeks & until there is no discharge from the nose, ears, vagina or a wound & until the nose & throat are apparently healthy.

4. Sterilisation advisable of anything patient has come into contact with.

5. Epidemics tend to occur in January, also cases in Summer. It occurs chiefly in the temperate zones.

6. Caused by bacterial infection.

7. Spread by droplet mainly, altho' toys, books etc. occasionally spread it. Milk infected by a carrier may cause a widespread outbreak.

8. Incubation period is 1-8 days,

usually 2-4 days.

9. Early recognition: A sudden fever, severe headache, sore throat, very fast pulse rate. The throat is red, the tongue is heavily furred with red spots showing thru'.

The rash appears on the 2nd day on the neck & chest 1st, spreading rapidly. It avoids the face, which is flushed, except around the mouth.

10. Care: Keep in bed for 2 weeks at least. At the onset, give a fluid or light diet. The mouth should be cleaned after each meal with some antiseptic. A hot saline mouthwash helps the sore throat.

#### WHOOPING COUGH

1. The most serious of acute

childhood fevers.

2. Groups at risk are babies under 1 year, children 2-5 years.

3. Isolation esp. important during catarrhal stage & 1st 3 weeks of coughing.

4. Sterilisation (or disinfection) important. Include toys, pens, towels etc.

5. Occurs chiefly in late Winter & early Spring in all climates & geographical locations.

6. Caused by bacterial infection.

7. Spread by droplet (coughing, sneezing, kissing), soiled articles including linen, towels, tissues, handkerchiefs, dust, door handles, toys etc. Very easily spread.

8. Incubation period: 6-18

#### INFECTIOUS CHILDHOOD DISEASES CHART

ILLNESS	Incubation Period	Average Incubation	Period of Communicability	Most Infectious Period	Isolation Period
Chicken Pox	2-3 wks.	13-17 days	4 days before spots appear to 6 days after last crop of spots.	1st week of rash	7 days after rash appears. Sterilise linen & utensils.
Diphtheria	2-5 days	2-5 days	Variable, average 2 wks. or less. Carriers 6+ months.	1st 2 weeks	Full isolation until tests are clear. 14 dys.
Hepatitis	15-50 dys.	28-30 dys.	Later 1/2 of incubation until a few days after onset of jaundice.	-	From recognition until after onset of jaundice.
Influenza	24-72 hrs.	24-72 hrs.	3 days from its onset.	1st 48 hrs.	1st 48 hrs.
Measles	8-13 days to fever, 12 days to rash.	10 days	From fever onset to 4 days after rash appears.	same	From onset of fever to at least 10 days after rash appears.
Mumps	12-26 days	18 days	From 6 days before glands swell to 9 days after swelling. Urine up to 14 days after onset of illness.	48 hrs. before swelling starts.	Until swelling goes down or 9 days from onset of swelling.
Polio	3-21 days	7-21 days	From 36 hrs. after infection up to 3-6 weeks or longer.	7-10 days before & after onset of symptoms.	7-21 days after onset.
Rubella (Ger. Measles)	14-21 days	17-18 days	1 wk. before to 14 days after rash appears.	-	1 wk. after contact for 3 wks. or 2 wks. after diagnosis.
Tetanus	4-21 days	10 days	Not communicable	none	none
Whooping Cough (Pertussis)	7-21 days	7-10 days	From 1st cough to 3 wks. later. Catarrhal stage most infective.	Just before & during catarrhal stage.	5 wks. 14 days Quarantine of contacts.
Scarlet Fever	1-8 days	2-4 days	From 10-21 days untreated or 24 hrs. after a penicillin dose.	-	2 wks.

## Little Miracles!

-Of God's encouragement, provision, protection & guidance to His children!

From Sos & Ahai; S. America: I'LL NEVER FORGET A MIRACLE OF ENCOURAGEMENT The Lord did for us while in some difficult days living in a pension alone & trying to pioneer a new city. One day while Sos was busy arranging documents, house-hunting & litnessing, I took all 4 children out to provision our needs.

I HAD THE BABY IN MY ARMS, 2 hanging onto my skirt & the oldest was pushing the stroller full of bags & bottles, & boy was I struggling down that busy crowded city street! TTL we just couldn't do it in our own strength, & finally we just pulled over to pray.

WHEN WE OPENED OUR EYES, THERE WERE 2 VERY OLD LADIES, foreigners—they sure weren't from here as they were very white with white hair, in their 80s at least, & we could not understand a word they said! But they were leaning way over into our circle to hear our prayer!

THEY HAD THE SLOWEST MOST TRANQUIL SPIRIT in the midst of all that city confusion, & finally one said in broken English, "You are like a beautiful garden, full of beautiful flowers!" Wow!—And she slipped a very large donation into one of the children's hands, gave us a most angelic smile & puttered down the street! All of us still believe these "foreigners" were from Heaven—angels! PTL! HEARING ABOUT DAD REBUKING THE JUNGLE MUSIC reminds us so much of another little miracle that happened to us. The "Carnaval" is the biggest festival of the year, 4 whole days of non-stop jungle music, drinking & drums beating all hours of the night. This year we really wanted to spare our children, as last

year we were unknowingly in a downtown hotel right in the thick of it.

THE WEEK BEFORE CARNIVAL WAS TO START, I was following up on some new friends we'd met, & on the phone one asked me what we had planned for Carnaval. I told him we'd really like to "flee" as we couldn't take the jungle music. He laughed & that was about it.

TWO DAYS LATER A CAR ARRIVED AT OUR DOOR with a note from this man saying he would pick us up at 9:00 the next day to take us to a beautiful beach resort where he'd arranged several days of luxurious accommodations for us & the children. It was our first real vacation in 8 years!

IT WAS WONDERFUL! While there we were able to celebrate Dad's birthday on Feb. 18th, Ahai's on the 19th & our betrothal on the 20th, which really inspired our friend that the Lord had used him to give us such a present!

From Psalms & Angelique: A FEW WEEKS AGO WE WERE DRIVING HOME & I'd just finished telling our little boy Michael how good he'd been that day & how quietly he'd sat in the car.

JUST THEN SOMETHING DROPPED ONTO THE ROAD. We looked around but there were no other cars around that it could have fallen out of. The Lord had dropped a nice new toy truck out of the sky for Michael, just to reward him for being good. As we stopped to pick it up, Michael said, "Just like 'The Dime From the Sky'!"

From Jed & Esther; Europe: ONE MORNING AS USUAL I WAS OFFERED A MOTOR-

CYCLE RIDE into town with a friend. Before leaving, our son Christian-3 started to get very fussy & said he didn't want me to go on the bike that day. He was almost in tears, so we asked him if he wanted to say a prayer, specifically for the bike. So we prayed for the Lord's protection & he cheered up.

20 MINUTES LATER SUDDENLY A LARGE VAN SWERVED IN FRONT OF US! The bike hit the side of it, bounced off & hit the back of a car, then we fell onto the road! Thru' the experience I felt totally at peace, almost as if it happened every day. But the real miracle was that we weren't run over by the rush-hour cars & lorries following close behind us! Not only that, but all we suffered between us were 2 scraped knees!

THANKING THE LORD FOR KEEPING US, I remembered Christian, how he really heard from the Lord!—So encouraging! God bless him! Prayer is powerful! A little child shall lead them! Hallelujah!

From R., pioneering a closed country:

GOD IS DOING BOTH SMALL & BIG MIRACLES for us here every day! The other day while coming home on the bus I got eye contact with a woman who had an almost supernaturally beautiful smile, & the thought immediately struck me that maybe it was an angel.

THE BUS STOPPED AT THE STOP BEFORE MINE & the woman looked at me again, smiled, got up & off the bus. I don't know why but I followed her off. As I was looking at the bus driving down the street, suddenly it crashed into another bus right before the stop I was supposed to get off! TTL for His faithfulness to keep & protect His children!

## Music That Will Shake The World! His-story of MWM!

"Music With Meaning" began as our largest outreach in Asia & will soon reach the world!

### The Early Beginnings!

From Simon Peter

Dear Family, GBY ALL! WELL HERE WE ARE ON THE EVE OF A NEW & EXCITING WORLDWIDE WITNESSING MINISTRY!—One that has gone far beyond anything that we could have possibly dreamed of as we sat under the shade of a palm tree on a beautiful beach in Goa, India, Christmas Day 1976 and heard the first "Music With Meaning" programme wafting out of the clear blue evening sky, transmitted to us from the tropical island of Sri Lanka (formerly Ceylon) 1000 miles away!

AS WE LISTENED TO THE 1ST 4 SONGS ON THAT 1ST MWM SHOW—"My Love Is Love" from the Paris Family—"Alexander" from Jeremy Spencer, "The Road" from Chronicles, & Simon Black singing "Born Free"—what a thrill we had when we realised that these Family songs, inspired by the Words & the Love of God, were simultaneously being heard not only over the vast expanse of India itself, but also across the hugely populated countries of Pakistan, Burma, Bangladesh & some of the Arabian Gulf countries too! What a miracle! What a vision! What a breakthrough! THE STORY REALLY BEGINS, THO', IN LONDON IN 1974 with a talk that Hosea gave on the potential of using the radio as a means of witnessing. Ho had recently been travelling in some of the North African & Third World countries



& had noticed the fact that compared with the West, the standard of broadcasting in these less developed countries was very low.

HE HAD THE CONVICTION THAT WE OURSELVES HAD ENOUGH MUSICAL TALENT to be able to produce a programme that would be eagerly snapped up by these stations, if offered to them for free. We actually went ahead & made a sample programme, but that was as far as the idea progressed at that time. However, it really seemed to be such an inspired idea that I never forgot it & was sure that the Lord would bring it to fruition one day.

IN THE BEGINNING OF '76 I LEFT ENGLAND FOR INDIA. What a culture shock! Like stepping out of the aeroplane onto another planet! In the West you see pictures of poverty in Third World countries & statistics about overpopulation etc., but when you actually get plunked down into the reality of it, it certainly is an eye-opening experience!

perience!

ONE OF THE FIRST THINGS I NOTICED WAS PEOPLE!—

Multitudes of people!—Here, there & everywhere at all times of the day & night. In fact, statistics show that in India alone 100,000 new people are being born every 3 or 4 days! So unless you're reaching them with the Message faster than that, you're fighting a losing battle, because they're being born faster than you're reaching them! INDIA, A LAND OF GROSS SPIRITUAL DARKNESS & very deep religious tradition, a land of poverty & over-population & seemingly insurmountable problems. The sobering thought was that we have the only answer to those problems—the Mo Letters & the love of Jesus!—But how to communicate it to them?

AFTER 9 MONTHS IN INDIA I WAS LOOKING FOR A STUDIO in which I could record some ML tapes, & the Lord led me to a sweet English missionary in Poona who let me use his facilities for recording. He had not only a studio, but also a little office with 3 or 4 pretty Indian secretaries busy writing letters & stuffing envelopes with Gospel tracts.

UPON ENQUIRING DEEPER INTO HIS MINISTRY I learned that he had dedicated his life to reaching just one State of India, Maharashtra, where they speak Marathi, one of the many different Indian languages. Before coming to India he had learned to speak this difficult language fluently, & his whole ministry was one of making this radio drama programme about the life of Jesus in Marathi. He also in-