

10-15 minutes. Then set your dry hair on them immediately, as they are taken out of the hot water, leaving five minutes to an hour or more, depending on how curly you want your hair. Remember to wash your comb and brush at each shampoo and carry a clean hairbrush in your evening bag. Your hair grows better and definitely looks better when the ends are trimmed monthly.

#### **PERFUME & COLOGNE**

Dad, like most men, loves a beautiful woman smelling like flowers. He prefers a light, flowery fragrance. Experiment to find a perfume or cologne that suits you. Dad has shared with us the best way to put on perfume is sparingly over all exposed parts of the body—neck, forehead, tops of hands, arms if exposed, as well as the front chest and neckline area.

**Be careful when using perfume with oil bases** as they can stain your clothing permanently. Some spray colognes or toilet waters last just as long and are just as nice as the more expensive perfumes. Perfume can also make your hair greasy if you apply it around the top hairline.

#### **MAKE-UP**

Our little team of FF'ers has agreed that only a very basic amount of make-up is needed, as the Lord's beauty and natural light are what make the girls most attractive.

You do not have to buy the most expensive brands of make-up. Often the cheaper brands are just as good! Just be sure to avoid inferior-quality types that could irritate the skin.

The most basic and usual items of make-up are: (1) An under-eye lighter stick or creme to cover dark

circles. Apply at the inner corner and spread down gently and out. (2) A natural colour rouge or blush-on applied at the height of the cheek bone to contour the face and add a little colour, especially during non-summer months. (3) Mascara—waterproof is best, especially if you get all misty when you win souls! Hallelujah! You can also buy a non-oily type of mascara remover, which is important to use before bed so that the make-up does not grind into your skin during the night and perhaps cause clogged pores. (4) One eye-shadow kit containing three or four colours that complement your eye colour and clothing. (5) A natural colour lipstick or simply a lip gloss.

Many girls do not need any make-up at all, or perhaps only a small bit of mascara and blush-on. Be sure to ask the brothers and your fish whether they like the way you look. Take suggestions from others—they're the ones that have to look at you.

Another tip is to put on your make-up before you get dressed for the evening, in case you spill something on your clothing. And be sure to take it off before you go to sleep for the night, to prevent its staining the bedding and causing clogged pores.

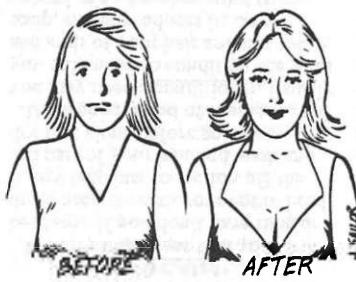
#### **CLOTHING CARE**

One of the most important factors in looking nice on short notice is to keep your clothing clean and in good repair at all times. We have found that it is possible and practical to share clothes, if an agreement is made on stewardship. For instance, if two girls are the same size, it is

better for those two girls only to share clothes between them, agreeing that whoever uses the item will be sure to air it out well or wash it immediately the next day, so it will be ready for the next use.

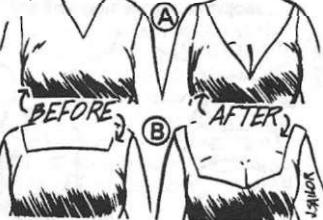
**It is important to hang clothing properly on the hanger** from the shoulder seams just as it is worn so the material will not lose its shape or snag on rough wooden hangers. Make any repairs, ironing and inspections of clothing long before you are ready to go out. It is a good idea to try on your dress right after you decide you're going out, to make sure that no more alterations are needed.

We have found it's very easy to alter the neckline to give more view in front, by gathering closer to the shoulders an open or V-necked blouse or dress. (See drawing below.) Also, dresses that button down the front can be very sexy. It is also easy to alter a dress by making a split up the side or back seam.



**Variations in altering necklines:** (Drawing A) Split a V-neck more open, or gather with thread further down, to give more shape and lower the neckline. (Drawing B) Gather

with thread the material of a square, straight neckline in the middle, to lower and change shape and appearance.



Dad says it's important to ask the men whether they like what you're wearing. This especially applies for buying clothes. Take a man with you for his opinion on the dress. He may even pay for it!

**Consider what is the best investment** in nice, washable materials and something that is easy to slip on, and especially off! It's not difficult to provision such materials and rent a sewing machine to make FF apparel. Good jersey knits need no ironing, look nice and are reasonably priced.

**Accessories:** Often a one-colour combination of accessories—shoes, purse, jacket or shawl—will suit all of your outfits. Either beige, brown or black are good basic colours. Make sure buttons, seams, etc., are well-cared for on your coat and dress and that there are no hanging strings or lint. One accessory item to add to your FF'ing wardrobe, if you don't already have it, is one or two pairs of sexy bikini panties.

**Make sure your shoes are comfortable** and suitable for dancing and walking. Keep them clean and polished and make sure they flatter.

your outfit.

Sometimes just a few pieces of jewelry can really make your outfit complete—maybe just a thin gold or silver bracelet, whatever matches your small heart necklace and chain; perhaps a heart ring and either hair clips for pulling your hair back or small earrings.

#### **NAILS & HANDS**

One thing a man is sure to look at is your hands, your eyes and your hair—and a lot more if you'll let him ha! Caring for your nails is a routine you must learn to establish to keep them cut or filed to a nice shape, using if you wish a clear or light-coloured polish for protection. Keep a good hand or nail cream by the sink to remind you to use it throughout the day.

#### **COMPLEXION CARE**

Form a good daily routine of cleansing your skin both in the morning and evening. For oily skin, you may wash more frequently with either a mild soap or wipe clean with skin freshener or tonic, such as witch hazel. Find a good cleansing lotion or glycerine soap that will really clean your skin but will not treat it harshly. Avoid using alcohol-based astringents or tonics which can dry the skin. A daytime facial creme or moisturising lotion helps prevent dryness. Sometimes just ordinary baby lotion can be used as a good cleanser and moisturiser for the face.

There are a few simple, natural facial masks that can improve the condition of your skin naturally. Try applying egg white directly on your face after washing. Leave it

on for ten minutes or so, then wash it off with warm water. Honey applied directly to the skin is also a very good cleanser and treatment for the pores.

#### **YOUR HANDBAG**

We have found it very helpful to carry small-sized blank cards and a pen in our purse for taking down names and addresses of friends and fish we want to keep in contact with. We also carry pieces of appropriate lit, such as "Our Declaration of Love", etc. individually folded in half and put into a nice pink or white envelope to offer to the fish on a more personal basis. That way, you can dedicate the Letter to him and he accepts and treasures it as a special gift.

**Other important items to carry:** (1) emergency money, as well as spending money (to be used only in case you need it; make FF'ing pay by letting the fish foot the bill); (2) I.D. or passport (if legally required); (3) keys to your house; (4) your lit, ready and available at all times for God's hungry fish.

**Tips from Dad:** "Always carry vaseline, tissues, perfume and if possible talcum powder—and a tiny bottle of strong wine, whiskey, sherry or mouthwash—and use it! There are small flat silver whiskey flasks for sale at some stores which fit easily into a woman's purse—or miniatures." ("The FF'ers Handbook" No. 559:297 by Father David.)

**Happy Hookin'!** We love you, and they'll love you too! Keep up with the Lord's Letters on Love and you can never fail! Hallelujah!

## **FAMILY NEWS OF LOVE! —BY YOU!**

Vol. 4, No. 6 D.O.

Edited by Maria & the Zs.

## **FF'ing News!**

from Quezon City,  
PHILIPPINES!  
(Report by Kezia Newsong)

During a large world trade convention being held here, we were able to meet and minister to one of the officials, L., and his friend, A., and their lives were changed forever by the miracle-working power of God's Love! PTL!

Alemeth had met L. and the next night some of us went to the hotel to follow up on him. At first, he was very withdrawn, pouting, unhappy and really looking at us funny, wondering whatever we were doing sitting here in an empty lobby, all of us talking and smiling and trying to draw him out. Finally, he asked us to come to his room for a drink, and that is when the exciting week started! He and his friend, A., 31, fell in love with us and the Lord's



Here is L., surrounded by God's Flirty Fishies—Kezia, Clare and Happiness!



Faithy sings "You Gotta Be a Baby" in Arabic for A. and L. at one of our parties. They loved it!