

CIFIC SKILLS OF APPROACHING THE POTTY and seating himself on it, lowering and raising his pants by himself, wiping himself after potting when needed, emptying potty into the toilet and flushing it, and being motivated to potty himself before "it's too late".

9. TEACHING AIDS NEEDED ARE: 1) a hollow doll that wets when given liquid from a bottle, 2) a small potty or potty chair, 3) at least 8 pairs of training pants--loosely fitting, so that they are very easy for a small child to raise or lower over his little bottom on his own, 4) a variety of drinks and salty food treats, such as nuts, so that the child will want to drink, and therefore urinate more often during his training period.

10. THE ADULT SHOULD CHOOSE A TIME WHEN HE CAN DEVOTE HIS FULL ATTENTION TO TEACHING THE CHILD WITHOUT DISTRACTION. With this method the average child requires less than four hours to train to toilet himself independently--others have been trained in only 30 minutes! By simply "teaching" the doll how to properly go potty, the child is actually teaching himself by imitation the steps to potting independently.

11. BOTH THE CHILD AND THE ADULT PRAISE THE DOLL FOR HAVING DRY PANTS AND SCOLD THE DOLL WHEN SHE "WETS", then have the doll practise going to the potty. In turn, the child potties after the doll and is equally praised or verbally scolded disapprovingly by the adult if he wets his pants during the practice period.

12. WHEN DAVIDITO WAS 16½ MONTHS OLD, I GOT THE SIGNAL THAT HE WAS READY to train when one day he tried to change his own

diaper! When I discovered he was wet, he ran to pull off his own diaper and plastic pants, lay on his back on the bed, shook the potty under on his naked bottom, and put the diaper and plastic pants over his own bottom!

13. HE DID EVERYTHING HIMSELF EXCEPT TIE ON THE PLASTIC PANTS! So the next day he started to wear training pants all day long and I tried to take him potty every couple of hours, but it just didn't work!

14. THEN AT 17½ MONTHS OLD, WE PRACTISED THE "ONE-DAY POTTY TRAINING METHOD". We used the wetting doll procedure suggested in the book, and shared rewards of fruit and juice with the doll. He wasn't as interested in the rewards as I thought he would be, so I stopped using them.

15. HE TOOK GREAT INTEREST IN GIVING THE DOLL THE WATER BOTTLE, checking to see if her pants were wet or dry, putting her on the potty himself, and pouring her peepee down the toilet and flushing it on his own. He had to go potty too during the training session, and tried to mimic the same procedure that he had taught the doll to do.

16. WE WENT OVER AND OVER THE PROCEDURE, including praises for progress and scolds for mistakes. That day, after 1½ hours of about six potty runs for both the doll and Davidito, he eventually lost interest and wanted to go on to something else, but that small bit of emphasised training was what successfully trained Davidito to potty on his own, PTL!

17. THE PREVIOUS DAY I HAD TRIED TO PUT HIM ON THE POTTY EVERY HOUR, but he never went in the potty. We had a potty in both

bathrooms in the house, and took one outside when he played in the yard.

18. HE GAVE ME SIGNALS BY HOLDING HIS PANTS WHEN HE HAD TO GO from the very first day after the potty training procedure using the doll. A few times, though he couldn't hold it and started to peepee right away.



"Uh-oh!--I couldn't hold it."

19. HE CONTINUED WEARING TRAINING PANTS EVERY DAY. He only wore diapers when he was away from the house for a few hours at a time and at night, until he was about two years old.

20. I KNEW THAT HE USUALLY WENT PEEPEE EVERY TWO TO TWO-AND-A-HALF HOURS, and because I was pregnant, I had to go just as often, so we almost always pottied together. Although he had learned how to potty independently, he seemed to appreciate the company, and that I would partake and make it fun.

21. HE WOULD ALWAYS MAKE IT TO THE POTTY FOR DOO-DOO'S, and I can honestly say that by the



seventh day after his one-day training, he could prevent accidents and was going to the potty on his own initiative.

22. I THINK IT REALLY ENCORAGED DAVIDITO TO SEE THAT WE TRUSTED HIM to wear training pants and how we sincerely praised him for keeping dry. Remember that children can easily sense a false tone of praise or an overemphasised reaction by an adult.

23. SINCERE PRAISE SEEMED TO BE HIS BEST-LOVED REWARD, just as in his learning to read. He knew that by making others happy he was doing a good thing and also pleasing the Lord.

24. THE CHILD LEARNS VERY FAST THROUGH THIS PROCEDURE BECAUSE LEARNING IS MADE PLEASANT, SIMPLE AND EXCITING. As Dad often says, "Children are great imitators!"

25. LET ME STRESS HERE THAT I DID NOT FOLLOW THE EXACT POTTY TRAINING PROCEDURE SUGGESTED IN THE BOOK, and neither did the