"Natural Babyfood Cookbook", Margaret E. Kenda & Phyllis S. Williams, Avon Books,

"Nutrition -- Your Key to Good 66. KEEP IN MIND THAT YOU

MUST USE WISDOM IN CHOOSING COUNCIL from the great wealth and variety of worldly books

which oftentimes contradict each other, and you need to definitely ask the Lord about any council you want to put into prac-Health", Carlton Fredericks, Ph.D, tice. We do not necessarily support everything the authors suggest in these recommended books, although much of it seems excellent advice.

DAD'S TALK ON DIAPER RASH:

1. THERE IS ONLY ONE REASON FOR A BABY TO HAVE DIAPER RASH AND THAT IS PURE NEGLECT! They were not cared for soon enough, they were not changed frequently enough, and they were not kept clean and aired out enough. You can say it's a change of diet. the water, result of acidy urine, the innocent child suffering. etc., but it's not -- it's pure neglect!

2. EVERY SINGLE TIME THE BABY WITH A RASH IS WET, HE MUST BE CHANGED IMMEDIATELY, and make sure you're checking on his diet to see if there's anything that's irritating it even worse. Letting child, we'll send him to the a baby lie in a wet diaper can be hospital. the most irritating thing for it.

3. THE RASH NEEDS GOOD SUN-SHINE AND CLEAN AIR, and to be kept dry and aired out, as much as possible. Try to find a good cream that works, and air out the

4. MAKE SURE THE SHEETS ARE CHANGED VERY FREQUENTLY. Even in some hospitals they found serious infections on baby's skin due to the bedding not being aired out enough.

5. A BAD DIAPER RASH TAKES REALLY HARD WORK TO CLEAR UP, a mother's fulltime attention. The baby's got to be healed of a ser- help you!

ious diaper rash or sent to the doctor for immediate healing results.

6. KEEP THAT BABY CHANGED FRE-QUENTLY and aired without diaper as much as possible in the sunlight indoors or out. This is the result of pure laziness, and the sad part is it results in

7. ASK GOD FOR STRENGTH AND COURAGE TO BE MORE FAITHFUL. The Lord gives you energy if you pray for it. If there is no result right away after your following this counsel and having serious desperate prayer for the

8. THIS HAPPENS AS A LESSON to the childcare worker and the mother who's directly responsible. It's pure neglect and laziness!

9. SOME BABIES MUST BE CLEANED WITH WATER AND SOME BABIES WITH bedding as frequently as possible. LOTION OR CREAM, but their bottom must be kept clean and dry. Get that dried urine off their skin. Vaseline covering the cream often helps to keep the skin protected from the urine. Make sure your hands are washed well with soap and water before cleaning the bottom of a baby who has bad diaper rash. God

